

GIVING THANKS

the Gifts of Gratitude
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November Focus Week

“If you look to others for fulfillment, you will never truly be fulfilled. If your happiness depends on money, you will never be happy with yourself. Be content with what you have; rejoice in the way things are. When you realize there is nothing lacking, the whole world belongs to you.” - Lao Tzu

Do you know that happiness, the sheer joy in being alive, is within your reach? All you need is an “Attitude of Gratitude”. Gratitude creates happiness because it makes us feel full, complete; it’s the recognition that we have all we need, at least in this moment. All we have to do to receive gratitude’s gifts is to make a commitment to be thankful on a daily basis, and the world will be suddenly transformed into a beautiful wonderland in which we are invited to play.

“Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos into order, confusion to clarity..... Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.”- Melody Beattie

Monday: Being Thankful for our Heritage, and for what we have

- * Rehearsals begin on our Musical “Stone Soup”. What a great story of grace and gratitude for all the things we do have.
- * 9:00—Julie Morelock will then be here to do a presentation on Australia and its culture.
- * 10:00—We will then have a lesson on being thankful and the power of gratitude. This will be followed up with a project where we learn to look past material things to those things worthy of our sincere gratitude.
- * 1:00—The Elementary will have a lesson with Red Skelton on the meaning behind the words in the Pledge of Allegiance to our Country. Their project will then be to write their very own Pledges of Allegiance to present to Bob Littlefield when he comes. The Preschool, each afternoon, will have a Giving Thanks Lesson and continue through some fantastic Harvest Time Art Projects

Wednesday: Being Thankful for our Freedom and for those that defend it.

- * 9:00—Bob Littlefield will be here to talk about our Veterans and all that they do to preserve our freedom.
- * The Elementary will continue that lesson by watching a video about Veteran’s Day and writing about why they are thankful for our Veterans.
- * 1:00—3:00—Wed, Thurs, Fri.
Art: Weaving Lessons—weaving all the things we are thankful for into our own Tapes-try of Life.
Music: BRING YOUR RECORDER + MUSIC BAG. We will continue on with our Music Curriculum.
- * 2:30—All school rehearsal for the Songs in our Stone Soup Musical (Wed.,Thurs,Fri)

Thursday: Being thankful for nature and all its beauty.

- * 9:00 (Preschool) and 9:45 (Elementary) - special guest author Barbara Gowan will bring the books and puppets to Montage for a presentation called “Desert Digits”. Her presentation will be followed up by a special project time.

Friday: Being thankful for our Sense of Wonder

- * 9:00-11:00/12:00—SCIENCE LAB Day full of wonder and exploration

“Gratitude is like a flashlight. If you go out in your yard at night and turn on a flashlight, you suddenly can see what’s there. It was always there, but you couldn’t see it in the dark.”-

Dawna Markova

“The more light you allow within you, the brighter the world you live in will be.”- Shakti Gawain